Diabetes Pill Actos May Pose Cancer Risk
FDA Reviewing Suggesting Possible Link

WASHINGTON — The Food and Drug Administration is reviewing data suggesting a possible link between the widely used diabetes medication Actos and bladder cancer.

The agency said Friday that five-year results from an ongoing study show that patients who have taken Actos for the longest have had the largest cumulative dose of the drug. Bladder cancer was also more prevalent in patients who had taken the largest cumulative dose of the drug.

Actos manufacturer Takeda Pharmaceuticals is conducting the study, which is scheduled to run 10 years.

“The agency has not concluded that Actos increases the risk of bladder cancer,” the agency said in a statement. Patients should continue taking Actos unless told otherwise by their doctor, according to the agency statement.

Actos agreed to study the risk of bladder cancer with its drug in 2003. But a company executive said Friday the results are too preliminary to make any conclusions about the drug.

“This interim analysis raises a question, but it doesn’t answer anything,” said Dr. Robert Spanheimer, vice president of medical affairs at Takeda. “We are committed to finishing the study because I think that’s when you’re going to get the greater understanding.”

Prescriptions for Actos have risen since 2007, when its chief competitor, Avandia, was first associated with cardiovascular problems. The FDA is considering whether to withdraw Avandia, which is marketed by British drugmaker GlaxoSmithKline. Actos and Avandia work similarly to control blood sugar and are the only drugs in their class currently on the market.

FDA's review of Actos' cancer risks is preliminary, but could shape its decision on Avandia, which is expected in coming weeks.

Prescriptions for Actos have risen since 2007, when its chief competitor, Avandia, was first associated with cardiovascular problems. The FDA is considering whether to withdraw Avandia, which is marketed by British drugmaker GlaxoSmithKline. Actos and Avandia work similarly to control blood sugar and are the only drugs in their class currently on the market.

FDA's review of Actos' cancer risks is preliminary, but could shape its decision on Avandia, which is expected in coming weeks.

U.S. sales of Actos have risen steadily - hitting $3.4 billion last year - as Avandia's reputation has soured. Last year Avandia posted $520 million in sales.

More than 100,000 children left homeless by Pakistan's floods are in danger of dying because they simply do not have enough to eat, according to UNICEF.

Children already weak from living on too little food in poor rural areas before the floods are fighting to stay alive, as diarrhea, respiratory diseases and malaria attack their emaciated bodies.

Doctors roaming the 100-degree (58-degree Celsius) camp that reeks of urine and animal manure have warned Bunglani three times to take her children to the hospital, or they will die.
leave the tent without her husband’s consent. She must stay until her husband returns, even if it means risking her daughters’ lives. “I am waiting for my husband,” she says, still fanning flies from the sweating babies. “He is coming.”

The floodwaters that began swelling a section of Pakistan larger than Florida six weeks ago continue to inundate new areas, forcing even more people to flee. At least 18 million have already been affected, and nearly half of them are homeless. Many have been herded into crude, crowded camps or left to fend for themselves along roads.

But doctors warn the real catastrophe is moving much slower than the murky water. About 105,000 kids younger than 5 are at risk of dying from severe acute malnutrition over the next six months, UNICEF estimates.

“People are seeing children who were probably very close to the brink of being malnourished, and the emergency has just pushed them over the edge,” says Erin Boyd, a UNICEF emergency nutritionist working in southern Pakistan.

They were delivered at 27 weeks, weighing just 2 lb, and though Mrs Ogg’s little girl Emily was healthy, her brother Jamie was not breathing. After battling to save him for 20 minutes, medical staff told her he had not survived.

“The doctor asked me if we chose a name for our son,” said Mrs Ogg. “I said ‘Jamie’ and he turned around with my son already wrapped up and said: ‘We’ve lost Jamie, he didn’t make it, sorry’. ‘It was the worst feeling I’ve ever felt. I unwrapped Jamie from his blanket. He was very limp.’

Mrs Ogg said that she wanted to hold him next to her skin. “I took my gown off and arranged him on my chest with his head over my arm and just held him.”

“We had him moving at all, and we just started talking to him,” said Mrs Ogg.

There’s just not the capacity to treat this level of severe acute malnutrition.

The U.N.’s World Food Program alone has fed more than 4 million people since the crisis began, distributing monthly rations that include nutrition-packed foods for children. But the sheer geographic and human scale of the disaster is overwhelming, and U.N. Secretary-General Ban Ki-moon has called it the worst he has ever seen.

Even now, after the water has receded in many areas, some families who refused to abandon their villages remain marooned on islands cut off from all transport. The lucky ones sprint and dive for supplies dropped by choppers hovering above. But not everyone is being reached.

Bunglani says her two baby girls have had little to eat since the Indus River jumped its banks and turned one-fifth of the country into a muddy lake. She was working in the field when the water began surging, leaving her just enough time to grab a baby under each arm and run to safety.

The military transported the extended family to the camp on the outskirts of Sukkur, where she said they typically receive one meal a day consisting of rice, vegetables or lentils. The only fruit for the babies, and the newborn simply was not strong enough to survive.

“They are getting bread. They don’t have milk. She can eat rice,” Bunglani says, pointing to Sughra, 2. “But the younger one cannot.”

In the past day, Sughra has stopped eating altogether. She is now being fed at the packed hospital, where she just turns her head and shoves her mother’s hand away. The little one, Bunglani, can’t feed herself even with support, even though she should be getting ready to wean.

“These kids are everything to me,” Bunglani says. “I am worried about them, and everybody can see that everything they are in.”

Post-flood data are lacking, but the World Health Organization says about 30 percent to 35 percent of children in Pakistan had been affected, and nearly half of those affected were probably very close to the brink of being malnourished, and the emergency has just pushed them over the edge,” says Erin Boyd, a UNICEF emergency nutritionist working in southern Pakistan.

Researchers say the best teeth whitener is fruit.

A recent study by Harvard University revealed that eating fruit daily is the best way to whiten teeth. Through a three-month clinical study, it was determined that strawberries, orange peels and lemon juice are the most effective teeth whiteners in the world.

Strawberries have a natural enzyme that removes tooth stains, according to teethwhitener.net. Orange peels can be used to remove tooth stains, just by rubbing the inside of a peel against tooth surfaces.

A little lemon juice and salt work very well to remove stains. Just wash your mouth out with this or even rock salt and warm water will work at night to remove stains. Baking soda has long been known to work wonders for smiles. It may taste awful, however adding baking soda on a toothbrush along with mouthwash can help alleviate the negative taste. Also a strawberry mixture added to baking soda/peroxide not only adds a sweet taste to the concoction, but is yet another effective whitener.

It is best not to drink coffee, tea, coca or red wine, which are all known to stain teeth and cause some decay of the enamel. Apples and potatoes can cause discoloration, but they also tend to clean off the teeth. Mouth washing is important after eating apples.

Also, stop or slow down tobacco use, as both dipping and smoking can cause tooth discoloration.

Avoid mouthwash, as it sometimes will stain teeth. Finally, remind patients that an ounce of prevention is worth more than a pound of cure.

Go to the dentist once or twice a year for a cleaning and checkup is strongly suggested. Researchers say the best teeth whitener is fruit.

The toothbrush, which has been awarded during the FDI World Dental Congress in Dubai, among others, is being developed and marketed by Shiken Co. Ltd, a manufacturer based in Osaka in Japan. Aside from a gold light source to charge the solar panel, it does not require people to change their brushing habits, the company states.

Daniel Zimmermann

Germany: A Japanese toothbrush that does not require tooth paste for removing dental plaque has been received special acknowledgement by the Hong Kong International Dental Expo and Symposium. The organisers awarded the research presented by dental students from the University of Saskatchewan College of Health Sciences in Canada who found that the brush prevents bleeding associated with periodontal disease more effective than a regular toothbrush.

In contrast to tooth paste that removes dental plaque through abrasion, the Soladay-JX utilizes electrolysis to destroy cell structures of bacteria that form the biofilm inside the mouth. To achieve this, negatively-charged light particles or electrons are gathered by a solar panel and transmitted through a Titanium dioxide semiconductor on the head of the brush where they chemically react with acids responsible for tooth decay.

The toothbrush, which has been awarded during the FDI World Dental Congress in Dubai, among others, is being developed and marketed by Shiken Co. Ltd, a manufacturer based in Osaka in Japan. Aside from a gold light source to charge the solar panel, it does not require people to change their brushing habits, the company states.

Researchers say the best teeth whitener is fruit.
A challenging task

Prof Dr Liviu Steier discusses how to restore the aesthetic zone with implant-supported restorations

Restoring the anterior aesthetic zone using implant-supported restorations is one of the most challenging tasks. Knowledge of related literature, impeccable skills, a lot of experience and a well-trained team compliment a successful treatment. Different implant systems claim to offer the only technology leading to success. The author describes a case where an “outdated” system, external hex implant system offers a similar success rate, by only following a correct protocol.

Aesthetic 5-dimensional requirements

For optimal aesthetics, some literature suggests some key factors to be respected as they play an important role for long-term success:

• Availability of two mm buccal bone plate
• Implant tooth distance should be 1.5 mm
• Implant to implant distance three mm
• Biologic width is indicated with two-three mm

Clinical case

A 45-year-old male has been referred to the practice for rehabilitation of the anterior aesthetic zone. His medical and dental history, as well as his treatment desires, were recorded.

Dental history

The patient lost tooth 11 due to trauma about 17 years ago. He was advised to restore the gap with a PFM bridge. He also reported multiple reconnection sessions. Later, insufficient root canal treatments (X-rays) seemed to have weakened the remaining tooth structure. The clinical picture below demonstrates also fractured adhesive posts.

X-ray diagnosis proved vertical root fracture of both teeth. Poor prognosis led to immediate extraction recommendation, to avoid further infection (leakage) and optional bone loss.

Treatment plan

The following treatment options were identified and discussed with the patient:

• Extraction and no treatment
• Extraction and restoration with a removable device
• Extraction and immediate implant placement.

Benefits and disadvantages of different treatment options

<table>
<thead>
<tr>
<th>Treatment Options</th>
<th>Benefits</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extraction and no treatment</td>
<td>Fast</td>
<td>Aesthetic breakdown of the anterior area</td>
</tr>
<tr>
<td></td>
<td>No cost implication</td>
<td>Function and speech alteration</td>
</tr>
<tr>
<td>Extraction and restoration</td>
<td>Fast</td>
<td>Aesthetic breakdown of the anterior area</td>
</tr>
<tr>
<td>with a removable device</td>
<td>Minor cost implication</td>
<td>Function and speech alteration</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Removable device acts as an impediment</td>
</tr>
<tr>
<td>Extraction and immediate</td>
<td>Preservation of bone</td>
<td>Cost implication</td>
</tr>
<tr>
<td>implant placement</td>
<td>Optimal functional and aesthetic rehabilitation</td>
<td>Extended treatment need</td>
</tr>
</tbody>
</table>

Patient decided to go for the extraction and have im-

Direct clinical view of fractured teeth 12 and 21 (including adhesive posts).

With its new Air-Flow handy Perio, Air-Flow has assigned its latest family member to combat – right on target for subgingival prophylaxis in your practice.

For more information > welcome@ems-ch.com

Direct clinical view of fractured teeth 12 and 21 (including adhesive posts).

Grain size ~ 25 µm

Three horizontal nozzle apertures for the air-powder mixture, a separate vertical water nozzle aperture for rinsing: what used to be off limits is now easily reachable, through gentle action and without any risk of emphysema. And since the Air-Flow Powder Perio is particularly fine, the tooth surface is not damaged.

mediate implants placed. Impressions were taken so the patient could be offered a removable temporary device once extraction and implants performed for the healing time.

Treatment procedure
Retained roots were extracted in local anesthesia (four per cent Articain) using minimal invasive procedure.

The alveolae were thoroughly scooped and cleaned. Available bone was sounded and found adequate for immediate implant placement. Two BiohORIZONS Ø 4.0mm x 12mm external implants were inserted in the alveolae. The remaining buccal gap to the buccal bone wall was less than 1.5 mm so that no further attention (fill) was requested.

Implant in position 11 was performed ad modum flapless surgery. Once drill protocol as recommended by the manufacturer has been performed a BiohORIZONS Ø 4.0mm x 12mm external implant could be seated.

Successful three-dimensional implant placement was performed following the criteria mentioned in the introduction. Bony and soft tissue healing went extremely well also due to available thick gingiva phenotype.

After treatment
Allocated healing time was five months. Second stage surgery was performed under local anesthesia. Temporary abutments were screwed in place and temporary crowns performed. The emergence profile could be nicely shaped during the next visits.

Impression was taken once optimal conditions were achieved. The technician manufactured three zirconia abutments. The final impression was taken and the final restoration were delivered after a try-in session with bisque bake.

The final crowns were cemented while a retraction cord in place to enhance cement excess removal. Occlusion was checked and patient received hygiene instructions. Recall sessions were scheduled.

Conclusion
It is of course only of anecdotal value to use a case presentation to exemplify the achievement of predictable aesthetics with conventional implant systems, but doubts might raised today about statements and claims made by modern implantology.

The author recommends the following criteria as mandatory:

- Good treatment planning
- Adequate protocols
- An excellent team (surgeon, restorative and laboratory technician) for predictable long-term success

The author is Dr. Liviu Steier (PhD) who is Specialist for Prosthesis (www.dgzmk.de) and specialist in Endodontics (GDC UK). He is an honorary clinical associate professor at Cambridge Medical School and course director of the MSc in Endodontics (www.warwick.ac.uk/go/dentistry). He is a member of the Scientific Advisory Board for the Journal of Endodontics (AAE) and maintains a private referral practice for endodontics, implantology, etc at 20 Wimpole Street, W1G 8GF London (www.msdentistry.co.uk).

About the author
Dr Liviu Steier (PhD) is Specialist fuer Prothetik (www.dgzmk.de) and specialist in Endodontics (GDC-UK). He is an honorary clinical associate professor at Cambridge Medical School and course director of the MSc in Endodontics (www.warwick.ac.uk/go/dentistry). He is a member of the Scientific Advisory Board for the Journal of Endodontics (AAE) and maintains a private referral practice for endodontics, implantology, etc at 20 Wimpole Street, W1G 8GF London (www.msdentistry.co.uk).
Using resorbable barriers to make root recession coverage predictable

By Drs David L Hoexter, Nikisha Jodhan and Jon B Suzuki

 Gingival recession is defined as the location or displacement of the marginal gingiva apical to the cementoenamel junction (CEJ).

Recession is the exposure of root surface, resulting in a tooth that appears to be of longer length.

From a patient’s perspective, recession means an unesthetic appearance and is associated with aging. The gingiva consists of free and attached gingival tissue, as seen macroscopically.

The free marginal gingiva, located coronal to the attached gingiva (AG), surrounds the tooth and is not attached to the tooth surface. It forms a keratinised portion of gingival tissue (KG) that is dense, stippled and firmly bound to the underlying periodontium, tooth and bone.

In ideal health, the most coronal portion of the AG is located at the CEJ, whereas the most apical portion is adjacent to the muco-gingival junction (MGJ). The MGJ represents the junction between the AG (keratinised) and alveolar mucosa (non-keratinised). Reasons for recession

There are numerous etiological factors that may result in recession. Generally, the etiology can be categorised as either mechanical or as a function of periodontal disease progression. Recession usually occurs due to tooth malposition, alveolar bone recession, high muscle attachments and frenum pull, and iatrogenic factors related to restorative and periodontal treatment procedures.

The detrimental effects of recession include compromised esthetics, an increase in root sensitivity to temperature and tactile stimuli, and an increase in root caries susceptibility due to cementum exposure. Thus, the main therapeutic goal of recession elimination is gingival root coverage in order to fulfill esthetic demands and prevent root sensitivity.

Miller classifies recession defects into four categories:

- Class I: marginal tissue recession does not extend to the MGJ.
- Class II: marginal tissue recession extends to the MGJ, with no loss of interdental bone.
- Class III: marginal tissue recession extends to or beyond the MGJ, loss of interdental bone is apical to the CEJ but coronal to the apical extent of the marginal tissue recession.
- Class IV: marginal tissue recession extends beyond the MGJ; interdental bone extends apical to the marginal tissue recession.

A possible treatment modality for recession includes restorative/mechanical coverage, such as cervical composite restorations. This kind of treatment may effectively manage root sensitivity and root caries. However, such treatment entails a long-term compromise from an esthetic perspective. Composite restorations stain over time, and any marginal leakage may lead to secondary caries, recurrence of sensitivity and/or local inflammatory changes.

Additionally, colour matching can be difficult and such restorations may involve the undesirable removal of vital tooth structure in order to create adequate retention form. Thus, clinicians must determine whether the restorative benefits outweigh the esthetic shortcomings and whether it is possible to employ a treatment modality with few, if any, functional and esthetic disadvantages.

Muco-gingival surgery

Another treatment modality for recession is muco-gingival surgery. Muco-gingival surgery refers to periodontal surgical procedures designed to correct defects in the morphology, position and/or amount and type of gingiva surrounding the teeth.

In the early development of muco-gingival surgery, clinicians believed that there was a specific minimum apical-coronal dimension of AG that was necessary to maintain periodontal health.

However, subsequent clinical and experimental studies have demonstrated that there is no minimum numerical value necessary.

However, for esthetics, a uniform colour and value of AG is desirable among adjacent teeth. Some of the earliest techniques for correcting recession involved extension of the vestibule. The subsequent healing usually resulted in an increase of AG. However, within six months, as much as a 50 per cent relapse...
of the soft tissue position was reported. Thus, these techniques did not adequately address recession.

In order to improve esthetics and increase KG for root coverage procedures, current periodontal surgery largely involves the use of gingival grafts. There are a multitude of surgical techniques, which have been distinguished based on the relationship between the donor and recipient sites.

Gingival graft procedures involve either (a) pedicle soft-tissue grafts, which maintain the pedicle blood supply or (b) free autogenous soft tissue grafts. Techniques involving the latter type require the clinician to prepare two surgical sites: one to harvest the tissue and another one to prepare the recipient site. In this case, the autogenous soft tissue graft has a separate blood supply to the recipient site. Combinations of (a) and (b) have also been reported.\textsuperscript{10-12}

**Soft-tissue grafts**

The pedicle soft-tissue graft was first described by Grupe and Warren in 1956.\textsuperscript{6} This involved raising a full thickness flap and laterally positioning and suturing donor tissue into place from an adjacent area while maintaining a pedicle blood supply. This technique and others that followed were designed to increase the zone of KG.

The function of the membrane is to maintain space during the healing period for tissue regeneration to occur. From a patient’s perspective, biodegradable membranes with GTR might be preferable in order to avoid a second-stage surgery for membrane removal.

The goal is to restore gingival health, colour and esthetics by covering the exposed root predictably with healthy gingival tissue and, in doing so, decrease sensitivity. Using GTR and curonal repositioning techniques, we achieve predictably correct results.

**Other procedures**

Variations in mucogingival procedures have been developed to include root surface bio-modifications by treating the root surfaces with a variety of materials. These measures enhance the regeneration process of a new connective tissue attachment. In order to increase root coverage, a new clinical attachment is necessary.

Root surface bio-modification involves treating the root surfaces with citric acid, tetracycline or EDTA in order to remove the smear layer and expose dentinal tubules and thus facilitate a new fibrous attachment. An enamel matrix derivative claimed to support the action of enamel matrix proteins by inducing acellular cementum, periodontal ligament and alveolar bone formation is also available in the range of root surface bio-modification materials.

The following case report considers predictable esthetic root coverage by comparing a GTR technique to a non-GTR technique in a split-mouth procedure involving the same patient.

**Case report**

A young, adult male patient presented with recession bilaterally in his maxilla. The upper right maxilla had extensive recession on teeth #6 and #7 (Fig 1). The upper left maxilla had similar recession on teeth #11 and #12. Additionally, tooth #11 had a cervical groove, which was stained and hard but not calcified.

After local anesthesia using lidocaine, the desired flap design was completed. There was an adequate zone of KG present before treatment, which was preserved and repositioned coronally. Upon reflection of the tissue, the full extent of the underlying recession was evident (Fig 2). The area and recession were uncovered following removal of debridement and granulomatous tissue. The resorbable membrane material was shaped and placed on the exposed roots. The membrane was first placed on tooth #6 and thus the tooth appeared darker as it absorbed blood. The membrane was placed on tooth #5 second and thus the tooth had not absorbed the blood at the time of the photograph, which accounts for the colour difference at this time.

The coronally repositioned flap was sutured in place with the flap covering the now submerged membranes and previous recession (Figs 5, 6). Periodontal dressing (Coe-Pak, GC) was utilised as a bandage and placed over the surgical area. It was removed a week later at the same time as the sutures. The patient then lavaged and returned to the usual oral hygiene routine, initially lightly and gradually more vigorously.

Once healed and oral health was maintained, the recession was covered and health regained. Upon periodontal probing, no pockets were present (Fig 5). The final view presents a visual symmetry of health and colour that is maintainable.

Gingival recession was also present at the maxillary left side (teeth #11 and #12; Fig 6). After local anesthesia of the areas involved, a full thickness muco-periosteal flap was completed. This exposed the extent of the recession defects (Fig 7). Tooth #11 was treated, as was the other side of the mouth, by utilising the GTR technique using an acellular connective tissue membrane to preserve the space for regeneration.

Tooth #12 was treated the same way, except that no membrane barrier, resorbable or non-resorbable, was used (Figs 8, 9). Thus, there was no use of a GTR technique on tooth #12. Both teeth had the flap manipulated with the coronally repositioned graft, covering the recessed root and suturing to the CEJ level.

Both sides were covered with periodontal dressing, antibiot (tetracycline) and an analgesic (Tylex-N-Codeine) were prescribed for the first week after the operation.

One week after the surgical phase, the dressing and sutures were removed and the mouth lavaged. Oral Hygiene was restored to good, maintainable habits following the healing phase of over two months. Upon observation, tooth #11, for which the GTR membrane had been employed, had re-attached healthy gingiva that was not probable.

The recessed root and the stained cervical groove were covered. In contrast, tooth #12, for which no GTR membrane had been utilised, displayed recession as prior to the surgery (Fig 10).

In summary, this split-mouth technique demonstrated that using an acellular resorbable barrier membrane is more predictable for achieving root recession coverage than coverage of a recessed root without such a membrane. A complete list of references is available from the author.

**The goal is to restore gingival health, colour and esthetics by covering the exposed root predictably with healthy gingival tissue and, in doing so, decrease sensitivity**

---

**About the author**

Dr Ian A. S. Brown, 604 Madison Avenue, New York, NY. To get in touch, you can call him on +1 212 355 0800 or email drbrown@uoa.com.
The aesthetics of dental restorations have always been important and over the last few years there has been a big increase in both the demand for, and the supply of cosmetic dentistry. There are ultimately three factors responsible for this – the media, patients and dentists themselves. However, the fact of the matter is that some modern cosmetic treatments may give little or no thought to the future of the patient or what will happen to them down the line. With treatments such as veneers and implants on the rise, dentists should be asking themselves, ‘what is best for the patient?’ not ‘what does the patient want right now?’

Denplan’s Chief Dental Officer, Roger Matthews, interviews Professor Richard Ibbetson to discuss the ethical implications of ‘selling’ cosmetic dentistry and how much dentists should allow themselves to be influenced by the desires of their patients.

In your opinion, what is the dentist’s ethical obligation to their patient when it comes to cosmetic treatments?

“Dental care is about keeping people pain-free and healthy, while trying to satisfy their cosmetic concerns. However, with magazines full of adverts for cosmetic dentistry and more people aspiring to celebrity ideals, aggressive dental treatments for aesthetic reasons alone are on the rise to a worrying degree.

“In my view, any dental treatment undertaken should always be:

• Safe
• Conservative
• Predictable
• Patient directed
• Dentist monitored

“Many patients will come into a surgery convinced of the treatment they want. It is the dentist’s job to ensure the decision is not rushed, that less invasive routes are explored and that the risks are discussed in full. We are taught as business owners that the customer is always right, but when measuring the aesthetic outcomes of various treatments, what the customer perceives can be subjective. In fact, many patients will be open to trying less aggressive procedures first, when they are fully apprised of the potential downside of their initial preference.”

It has been a rising trend for many years now that amalgam fillings are being replaced with the more aesthetically pleasing composite fillings. Is this a problem?

“In many cases dentists use composite as a matter of course, without ever giving patients the choice. There are some situations where composite is the best material for restoring a posterior tooth as it can be more conservative of tooth tissue. However, dentists know that direct composite fillings, particularly large ones, are more difficult to perform and have a significantly shorter life-span.

“As oral healthcare professionals, obliged by codes of practice, we should therefore always talk through potential risks with patients in order for them to make an informed decision. In the same way that dentists will often choose amalgam fillings for their own treatment, in practice I have found that patients are far more open to amalgam, when they understand that composite fillings are not without their disadvantages.”

What impact has celebrity culture had on the profession?

“Celebrities such as Britney Spears and Simon Cowell have a lot to answer for when it comes to dental treatment! Their ‘too-perfect’ teeth have all too often brought peo-
Another trend to appear in recent years is that of ‘instant orthodontics’. How do you think this will affect younger patients?

“More and more patients, young adults in particular, are coming to dentists for treatments such as implants and veneers to avoid the traditional ‘train-track’ orthodontic route. This, however, is simply bad dentistry. To destroy good teeth for a quick aesthetic result is not only unethical but will subject the young patient to a lifetime of repeat treatments and recurring problems."

“As a profession we should be ensuring that teeth outlast people, not the other way round. The first principle is to preserve the patient’s tooth structure wherever possible. The life of the tooth is far more important than the life of the crown or veneer. Treatments such as all ceramic crowns and aggressive preparations for veneers may mean the extensive removal of tooth tissue. In the event of a restoration failure or future deterioration, there can be little tooth structure left to work with."

“As healthcare professionals we should be continually working under a system of compliance, education and communication. All dental treatments are temporary: deterioration and failure are inevitable. Dentists should reflect on modern trends and decide whether the demands of their patients outweigh their moral obligations. As such, it should be a matter of professional pride to decline treatments if they are felt to be unnecessary or unethical. If we fail to do this it is only a matter of time before we are truly a lost profession.”

Final thoughts
I didn’t know it at the time, but back in the Seventies I became an enthusiast for minimally invasive dentistry. Back then, the idea of keeping as much tooth structure intact seemed much more appealing than gambling on the success of full dentures and this is still true when looking at the costs of implants today.

It is clear that both Richard and I are keen supporters of prevention where possible and high-quality preservation when appropriate. To act otherwise is a breach of our professional ethics: and this should apply whether the impetus for treatment originates with the dentist’s diagnosis or the patient’s aspirations. Both are legitimate, and both need the same care in evaluating. 
Air-Flow perio: biofilm removal to the base of the pocket

by Electros Medical Systems

According to the manufacturer, the innovative Air-Flow handy perio is the first and only portable perio device that enables safe and effective removal of subgingival biofilm. Based on the successful Air-Flow handy 2 series and the Air-Flow Master, which was awarded an innovation prize, this handpiece again provides the dentist with an ergonomic masterpiece that EMS says is ideal for treating patients and dentures into implant-supported solutions.

Atlas Denture Comfort secures new or existing dentures

by Dentatus USA

Dentists often don't look forward to having patients with dentures, according to Paul Honolyo, DDS, president of Homoly Communications. When asked why, he replied that the procedure leaves both dentist and patient feeling bereft of lasting solutions: there is continuous need for repeated visits to the dentist for adjustments; patients endure discomfort and, worse yet, experience difficulty with everyday functions such as speaking, chewing, smiling or laughing.

Even unwanted sounds, such as clicking or whistling, may be heard coming from the dentures.

All of this leaves people wearing conventional dentures feeling insecure and self-conscious. Denture wearers of any age can find themselves changing their daily routine— even choosing to avoid eating because of discomfort or embarrassment. This is endured because the one alternative they may have— changing their conventional dentures into implant-supported dentures— has historically been out of their reach because of high prevailing costs, painful and inconvenient surgical procedures or limitations in the width of their ridges.

Atlas Denture Comfort is a simple solution that was developed by Dentatus USA. This affordable, one-hour, chairside procedure will soon be the industry standard for securing and retaining either a patient’s new or existing dentures. Atlas implants, approved for marketing by the FDA, are suitable for retaining lower dentures economically, regardless of the patient’s age.

The Denture Comfort Procedure consists of placing four Atlas narrow-body titanium alloy implants into the edentulous jaw anterior to the mental foramina. Then, Denture Comfort’s cushioning silicone, Tuf-Link®, is expelled into the denture to fit snugly over and around the short, dome-shaped heads of the Atlas implants so that the denture can be securely and confidently retained. The result is a comfortable fit and optimal retention, all without surgery, bleeding and without bank-breaking expense.

Atlas Denture Comfort is the only system on the market today that eliminates the hardware typically associated with over dentures. The Atlas System uses O-rings, no housings and no adhesives. The unique Tuf-Link silicone reline provides the retention to the implants for a stress-free denture, easy insertion, retention and removal.

This minimally invasive technique is easy for dentists to learn and implement, and may change the lives of your patients.

Henry Schein provides health care products for relief after flooding in Pakistan

by Henry Schein, Inc.

MELVILLE, NY, USA: Henry Schein, Inc. (Nasdaq: HSIC), is working with its non-governmental organization (NGO) partners—Direct Relief, International Medical Corps, Americares and Heart to Heart—to deliver essential health care supplies to victims of the devastating floods in Pakistan, which left more than a thousand dead, an estimated four million homeless and more than 15 million people affected.

The disaster response effort is part of Henry Schein Cares, the Company’s global social responsibility programme. To aid in the immediate response to emergencies around the world, Henry Schein Cares partners with international relief organizations and ensures that these organizations consistently have Henry Schein health care products in their warehouses ready to go when disasters strike.

“Coordination of relief efforts to areas affected by disaster is essential and we applaud the work of our NGO partners that are working with local organizations on the ground in Pakistan where health care facilities were destroyed and ensuring that donated health care supplies are being used effectively and efficiently,” said Stanley M. Bergman, Chairman and Chief Executive Officer of Henry Schein. “Henry Schein’s work to help the people of Pakistan is part of our ongoing commitment to give back to society, which has marked our Company for nearly eight decades. As we have grown into a multinational corporation, the scope of this responsibility has grown proportionately.”

To enable Team Schein Members and others outside of the Company to support relief efforts in a coordinated way, the Company also has established a Pakistan Flood Relief Fund through the Henry Schein Cares Foundation. Henry Schein will match all donations contributed to this fund by Team Schein Members and the proceeds will be applied directly and completely to relief efforts. Anyone wishing to contribute to this fund should make the check payable to Henry Schein Cares Foundation with Pakistan Flood Relief Fund noted in the memo of the check and send it to Alan Cohen at Henry Schein, Inc., 155 Duryea Road, Melville, NY 11747, USA. Donations to the Henry Schein Cares Foundation are tax deductible in the United States.

Henry Schein Cares helps health happen by expanding access to care to at-risk populations through the support of communities and not-for-profit organizations dedicated to increasing preventive care, treatment and the delivery of health education. In addition to enhancing emergency preparedness and relief, activities supported by Henry Schein Cares focus on advancing wellness and building capacity in the delivery of health care services. Henry Schein Cares’ Global Product Donation programme also provides a broad selection of health care products and supplies to approximately 100 community medical, dental and animal health organizations in the United States.

Zimmer Dental offers Hex Drivers with GemLock Technology

by Zimmer Dental

Zimmer Dental is offering what it calls “Innovative Restorative Technology” — 1.25mmD Hex Drivers with GemLock Technology for improved retention and performance. The drivers feature predictable and secure locking technology for improved retention; user-friendly, larger handle for confident grip; and titanium and stainless steel for strength and durability.

The drivers are available in two sizes for use in anterior and posterior of the mouth: short (22mm) and long (35mm). The 1.25mm Hex Drivers with GemLock Retention are designed for use with all Zimmer screws and components with a 1.25mm (0.050-inch) internal hex. The user-friendly tools are available in two sizes and feature the GemLock Technology, which utilizes a spring-loaded synthetic ruby in the shaft of the driver to provide improved retention.

Zimmer Dental offers Hex Drivers with GemLock Technology

by Zimmer Dental

Zimmer Dental is offering what it calls “Innovative Restorative Technology’ — 1.25mmD Hex Drivers with GemLock Technology for improved retention and performance. The drivers feature predictable and secure locking technology for improved retention; user-friendly, larger handle for confident grip; and titanium and stainless steel for strength and durability.

The drivers are available in two sizes for use in anterior and posterior of the mouth: short (22mm) and long (35mm). The 1.25mm Hex Drivers with GemLock Retention are designed for use with all Zimmer screws and components with a 1.25mm (0.050-inch) internal hex. The user-friendly tools are available in two sizes and feature the GemLock Technology, which utilizes a spring-loaded synthetic ruby in the shaft of the driver to provide improved retention.
A healthy new choice for dentistry

Find out why the A-dec 300 is a great choice for your practice.
For details visit www.a-dec300.com or contact your local authorised A-dec dealer.
She’s an A1B. And, with the improved, lifelike esthetics and “single-shade simplicity” of Filtek™ Z350 XT Universal Restorative, it’s the only shade you’ll need to restore her beautiful smile.

**Simple to use**
- Exceptional handling
- More Body shades for single-shade restorations
- Bold, easy-to-read, color-coded labels

**Lifelike esthetics**
- Excellent polish
- Wide range of shades and opacities
- Improved fluorescence

**Unique nanofiller technology**
- Better polish retention than a microfill
- Wears better than leading competitors*
- Outstanding strength for anterior and posterior use

Your simple solution for lifelike restorations is Filtek Z350 XT Universal Restorative.